

be nice.®

As many of you are aware Coopersville Public School district is officially a **benice.** district! The **be nice.** program was created by the Mental Health Foundation of West Michigan (MHF). **be nice.** is a mental health program that directly educates students, staff, and parents with the tools to recognize a mental health disorder. **be nice.** is an action plan to help others notice, invoke, challenge, and empower their peers. Your words and actions can have an effect on the way people think, act, and feel.

This can be a difficult subject for those who are struggling with the way they are being treated, but addressing it is necessary and beneficial. We want all students here to feel safe and proud of whom they are.

Students and staff are being educated about this topic by the MHF staff, the school liaisons, as well as student leaders from the **be nice.** Leadership Chapter. The liaisons and Leadership Chapter have worked at length on different activities and assemblies that were used to kick-off the initiative school-wide.

We want the idea of **be nice.** to continue to gain momentum in our district, so discussions and activities will continue throughout the year. Any discussions you can have at home will help keep our students thinking about the importance of their actions and their own personal value. If you have any questions, feel free to reach out to your child's **be nice.** Liaisons listed below. Thank you!

High School

Amanda Rennells
Kelly VanderHoek
Katie Walsh

MS

Megen Parsons
Heidi Schell
Katie Walsh

South Elementary

Patti Eldred
Lindsay Grassmid
Jen Doyle

East/West

Joanie Host
Kelly Koeze
Kelli Nelson
Sara Arthurs